

*Dance* Force.

**GENERAL**

information package

2025 - 2026

THE**DANCEFORCE**STUDIO.COM



# **GENERAL OVERVIEW**

The general dance program provides comprehensive training in various dance styles, techniques, and performance skills. Students learn fundamental techniques, explore different dance genres, practice choreography, develop stage presence, understand the relationship between music and movement, and gain insight into the cultural and historical contexts of dance. The program aims to foster creativity, body awareness, and an appreciation for the art of dance.

# OVERVIEW

Our once a week classes are tailored for dancers ages 5 to 18 years, the perfect level for those who enjoy dance and want to explore their creative expression in a fun atmosphere. Your child can dance for fun while mastering fundamental skills in a positive and supportive environment. Classes are based on the dancer's age, style and what schedule works best for your family. It allows children to participate in multiple activities and still get the excitement of working towards something special. Students rehearse weekly for their chance to perform by year end on the stage. Our general program introduces students to a variety of different mainstream dance styles such as Jazz, Hip Hop, Ballet, Tap, and Acrobatics. This program provides a great way to get fit and have fun!.

Our general dance program classes introduce kids to the wonderful world of dance, without putting them into an environment with a lot of heavy expectations attached. Optimism, fun and enthusiasm are the key traits of our general dance classes, and kids won't be expected to hit maximum perfection for the sake of competition. However, some parents may decide to enroll their children in our general dance program as a gateway to our competitive or company programs later down the road, and there's nothing wrong with that. The trick is to gauge whether the child is really invested in the art of dance, loves the classes, and wants to take their art and performance to the next level.

## COMPETITION & PERFORMANCE DATES

- Synergy Burnaby - Michael J Fox Theatre - April 21-26 2026
- DanceForce. Recital - Massey Theatre June 7 2:00PM 2026

## WHAT LEVEL IS YOUR CHILD

AGE	LEVEL
2-4	Pre-School
5-7	Primary
8-10	Junior
11-13	Intermediate
14 and Up	Teen

# DANCE GENRE

## JAZZ

Jazz dance encompasses a wide range of styles, from Broadway jazz to contemporary jazz fusion, and is often performed to a variety of music genres, including jazz, blues, pop, and musical theatre. Dancers incorporate elements of improvisation, isolations, and rhythmic variations, showcasing both technical precision and individual flair. With its infectious groove and versatility, jazz dance continues to evolve and influence dance styles around the world, captivating audiences with its infectious energy and vibrant spirit.



## BALLET

The foundation for all dance forms. Improve strength, poise, balance and control. Technical skill gained through the study of Ballet is necessary for all other dance forms. Dancers will study the discipline of Ballet through The Cecchetti Society of Dance Program. All our company students must be enrolled in our ballet program. Cecchetti Ballet exams are offered yearly to successful candidates demonstrating the proper required techniques of the discipline.



## ACRO

Acro dance is a dynamic fusion of dance and acrobatics, blending elements of gymnastics, contortion, and classical dance techniques. This highly athletic form of dance combines strength, flexibility, and balance with choreographed movements, creating captivating performances that showcase both grace and power. Acro dancers incorporate acrobatic tricks such as flips, balances, and aerials seamlessly into their routines, often accompanied by music that enhances the dramatic impact of their movements.



# DANCE GENRE

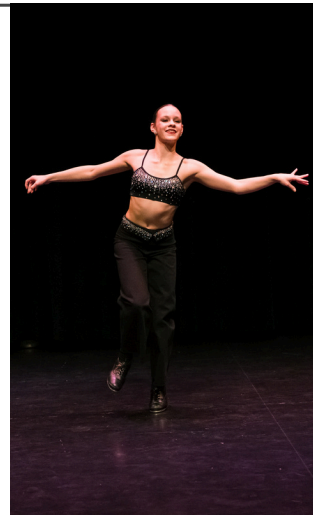
## CONTEMPORARY

Contemporary dance prioritizes fluidity, improvisation, and personal expression, allowing dancers to explore new ways of moving and communicating through their bodies. Performances often feature a mix of choreographic elements, including floor work, partnering, and use of space, with music ranging from classical to electronic. With its innovative approach and focus on individuality, contemporary dance continues to push boundaries and challenge conventions, captivating audiences with its raw emotion and artistic vision.



## TAP

Tap dance is a rhythmic and percussive form of dance characterized by the creation of intricate sounds using metal plates attached to the dancer's shoes. Dancers use their feet to strike the floor, creating syncopated rhythms and patterns, often accompanied by music ranging from jazz and blues to Broadway show tunes. Tap dancers master a vocabulary of steps, including shuffles, flaps, and time steps, while also incorporating improvisation and musicality into their performances.



## LYRICAL

Lyrical dance is a captivating blend of ballet, jazz, and modern dance characterized by its emotional storytelling and fluid, expressive movements. Dancers interpret the lyrics and mood of the music through choreography, conveying a range of emotions from love and joy to sorrow and longing. With its seamless transitions, technical skill, and emphasis on musicality, lyrical dance invites audiences on a heartfelt journey through movement and melody.



# DANCE GENRE

## HIP HOP

Our Hip-Hop program is a favourite for students of all ages! Hip-Hop is offered to recreational students starting at the beginner level and is also an essential part of our competitive dance program. All classes feature stylized technique and fresh hiphop combinations to the latest music. These popular classes are sure to be a great work out for your mind and body and will help improve your rhythm, personal style and articulation. As the hip-hop world continues to evolve we are able to create new and inspiring classes each week.



## STAGE DANCE

This class is the study of Broadway dance and dance styles. Our focus is on Broadway musicals old and new! Our instructors introduce choreography and acting into this dance technique and style.



## MUSICAL THEATRE

This Class will focus on each of the three main concentrations of musical theater; music, dance, and theater studies. Great emphasis will be placed on recognizing the relevance of each discipline as it relates to musical theater and preparing students for auditions and musical theater performances. 1/3 of each class period will be devoted to – 1) vocal development, 2) improving acting skills, 3) learning choreography; all to help students develop musical theatre skills.



# DANCE ATTIRE

<b>BALLET</b> (PRE-PRIMARY)	<b>BALLET</b> (PRIMARY & JUNIOR)	<b>BALLET</b> (INTERMEDIATE & TEEN)
<ul style="list-style-type: none"> <li>• Bodysuit: Mondor 26140 Terry Pink Cap Sleeve Dress</li> <li>• Tights: Mondor 310 Tights (Ballerina)</li> <li>• Shoes: Bloch S0225 Bunny Hop Shoe</li> </ul>	<ul style="list-style-type: none"> <li>• Bodysuit: Mondor 3535 (01) True Pink</li> <li>• Tights: Mondor 310 (Ballerina)</li> <li>• Skirt: Mondor 16207 (01) True Pink</li> <li>• Shoes: Bloch 205 (Pink)</li> </ul>	<ul style="list-style-type: none"> <li>• Bodysuit: Energetiks Ophelia (Black) or Motionwear 2521 (Black) – while supplies last</li> <li>• Tights: Mondor 314 Convertible (Ballerina)</li> <li>• Skirt: Mondor 16100 (Black)</li> <li>• Shoes: Bloch 205 (Pink)</li> </ul>
<b>ACRO</b> (PRESCHOOL, PRIMARY & JR)	<b>ACRO</b> (INTERMEDIATE - ADVANCED)	<b>JAZZ</b>
<ul style="list-style-type: none"> <li>• Bodysuit: Mondor 3535 (01) True Pink</li> <li>• Shorts: Black dance shorts (lycra/ spandex)</li> </ul>	<ul style="list-style-type: none"> <li>• Bodysuit: Energetiks Annabelle Bodysuit</li> <li>• Shorts: Black dance shorts (lycra/ spandex)</li> </ul>	<ul style="list-style-type: none"> <li>• Bodysuit or Fitted Crop Top/Sports Bra</li> <li>• Dance Shorts or Leggings (Lycra/Spandex)</li> <li>• No loose fitting clothing allowed</li> <li>• Shoes: Black Slip On Split Sole</li> </ul>
<b>TAP</b> (PRE/PRIM, PRIMARY & JR)	<b>TAP</b> (INTERMEDIATE & TEEN)	<b>LYRICAL</b>
<ul style="list-style-type: none"> <li>• Shoes: Bloch 302 Maryjane (Beige)</li> <li>• Bodysuit: Mondor 3535 (01) True Pink</li> </ul>	<ul style="list-style-type: none"> <li>• Shoes: Black Oxford</li> <li>• Bodysuit: Bodysuit any style or sports bra top</li> </ul>	<ul style="list-style-type: none"> <li>• Bodysuit or Fitted Crop Top/Sports Bra</li> <li>• Dance Shorts or Leggings (Lycra/Spandex)</li> </ul>
<b>MUSICAL THEATRE &amp; STAGE</b>	<b>HIP HOP &amp; BREAKDANCE</b>	<b>HIP HOP</b> (COMPETITIVE)
<ul style="list-style-type: none"> <li>• Bodysuit or Fitted Crop Top/Sports Bra</li> <li>• Dance Shorts or Leggings (Lycra/Spandex)</li> <li>• Shoes: Black Slip On Split Sole</li> </ul>	<ul style="list-style-type: none"> <li>• Shoes: Clean indoor Runners (no outside shoes allowed)</li> <li>• Clothing: Loose top &amp; Sweats or leggings</li> <li>• No Jeans Allowed</li> </ul>	<ul style="list-style-type: none"> <li>• Shoes: Clean indoor Runners (no outside shoes allowed)</li> <li>• Clothing: Loose top &amp; Sweats or leggings</li> <li>• No Jeans Allowed</li> </ul>

# FEES & TUITION

## REGISTRATION FEE

A non-refundable, non-transferable fee is due at registration; payable by cheque or credit.

## SIBLING DISCOUNT

First child pays full price and all additional children receive 25% off classes. Discounts will be given to sibling with the lowest tuition fee.

## COSTUME FEE

- \$100.00 deposit per company/competitive class.
- \$70.00 deposit per recreational class.

## DUE NOVEMBER 15TH

All dancers are required to purchase a costume for each performance class. All DanceForce. costume deposits become non-refundable as of December 1st. If you withdraw after this date, you will still be responsible for the full cost of the costume.

**Please note – this is a deposit only, the total cost of a costume may be between \$70-\$200.**

## COMPETITION FEE

There are additional costs associated with competitive dancing. There are competition entry fees which range from \$65.00 to \$75.00 per group, per dance, per competition.

Competition fees will be collected November 15th, all competition fees are non-refundable.

Company groups will compete in 3-5 competitions per season and recreational classes will compete in 1-2 competitions throughout the season. Competitions take place between February to May each season.

## WITHDRAWAL

**Refunds for class fees must be requested in writing by the 15th of the month prior to withdrawal. No refunds will be issued after December 1st without a Doctor's Note. Registration fees, costume deposits, and competition fees are non-refundable. Any outstanding balance on your account for costumes, competitions and solo/duo fees at the time of withdrawal will still be your responsibility.**

## FEE SCHEDULE

Tuition fees posted on your family account are based on your total annual fee (10 months of classes from September to June). We accept Visa, Mastercard, Cheque and E-Transfer. All cheques should be made payable to "The DanceForce. Studio Ltd."

Beginning the first day of classes 1/10th of your annual fee is due, all other subsequent payments are due on the 1st of the month beginning October 1st ending June 1st. All fees are payable by credit card payments or post-dated cheques. Once the tuition payment has been processed it is non-refundable, additionally, all lessons become non-refundable as of December 1st.

An NSF Fee of \$35 will be charged on all returned cheques. After the 15th of the month, tuition fees not paid are considered past due and will automatically incur a \$35 late fee.

**Please note – DanceForce. Studios Ltd. reserves the right to disallow the student from participating in classes until full payment has been received. All other fees – costumes etc will be invoiced as incurred.**

## 2025/2026 FEES (GST INCLUDED)

### GENERAL/COMPANY PROGRAM

- 30 Min. Weekly Class - \$598.50
- 45 Min. Weekly Class - \$703.60
- 60 Min. Weekly Class - \$815.00
- 75 Min. Hour Weekly Class - \$905.00
- 90 Min. Hour Weekly Class - \$995.00

**PLEASE NOTE – MULTI-CLASS DISCOUNT PAY FULL PRICE FOR YOUR FIRST TWO CLASSES AND RECEIVE \$100 OFF EACH ADDITIONAL CLASS.**



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